



October 2011

# The Metamorphosis



Global News

Your World through Press Access

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By: Bridget Bodden  
Co-Editor In Chief

## Pink Is More Than A Color

October is widely recognized as National Breast Cancer Awareness Month (NBCAM).

In 1980, founder Nancy Brinker made a promise to end Breast Cancer forever.

In 1983, she created the most successful charity event in history with more than a million and a half participants each year. Brinker created the Susan G. Komen Race for the Cure in honor of her sister. Millions of people commit their time and resources for one promise.

Breast cancer is the leading cause of cancer death in women between the ages of 15 and 54. In the United States, 95% of the women diagnosed with breast cancer each year are age 40 or above. A family's genetic history is also a factor to consider. Having an immediate family member with breast cancer increases a woman's chance of developing breast cancer 2 to 3 times. The cancer in young women is generally more aggressive and result in lower survival rates.

Susan G. Komen funds research that is already discovering and delivering the cures for breast cancer.

Every 2 minutes a woman is diagnosed. Every 68 seconds, somewhere in the world, a mother, a sister, a daughter or wife dies from breast cancer. Early detection saves lives. Monthly self breast exams and yearly mammograms can reduce the chance of developing the cancer by half.



### HOW TO DO A BREAST SELF-EXAM



#### In the Shower

Fingers flat, move gently over every part of each breast. Use your right hand to examine the left breast, left hand for the right breast. Check for any lump, hard knot, or thickening. Carefully observe any changes in your breasts.



#### Before a Mirror

Inspect your breasts with your arms at your sides. Next, raise your arms high overhead.

Look for any changes in the contour of each breast, a swelling, a dimpling of the skin, or changes in the nipples. Then rest your palms on your hips and press firmly to flex your chest muscles. Left and right breasts will not exactly match—few women's breasts do.



#### Lying Down

Place a pillow under your right shoulder and put your right arm behind your head. With the fingers of your left hand flat, press your right breast gently in small circular motions, moving vertically or in a circular pattern covering the entire breast.

Use light, medium, and firm pressure. Squeeze the nipple; check for discharge and lumps. Repeat these steps for your left breast.

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### “She’s Got Spirit”

By: Sheila Bodden  
Staff Editor

She’s got spirit, yes she does! She’s got spirit, how about us? The Metamorphosis recently sat down with Ayla Arrebola to chat about her passion for cheerleading. Arrebola has been cheerleading for nearly 10 years now and she’s still spirited. Throughout the interview, she tells how although she did not have the skills required to cheer, with hard work and determination she has managed to climb up the ladder of cheer hierarchy.

**Metamorphosis:** When did you start to cheer and why?

**Ayla Arrebola:** When I was in first grade, I didn’t want to dance anymore because I wasn’t graceful.

**Metamorphosis:** What team are you on? How many people are on the team with you?

**Arrebola:** I’m on a senior team called Top Gun and there are 36 members on the team.

**Metamorphosis:** How often do you practice?

**Arrebola:** Two to four times a week, two hours at a time. We do video insanity, which is like P90X, those work out videos for warm-ups.

**Metamorphosis:** What kind of stunts do you have to do?

**Arrebola:** I don’t know how to explain it without using the actual terms. I spin people up, and I have to carry them. I also have to flip. It involves a lot of strength.

**Metamorphosis:** So, how did you train to gain the skills needed to cheer?

**Arrebola:** Ever since I was seven, I took private lessons to get the skills. Over the years, I’ve just progressed. I started with a cartwheel and now I’m on a Level 4 team which is the second highest.

**Metamorphosis:** What kind of competitions do you enter? Do you compete nationally?

**Arrebola:** Competitions are from December to April and they’re all different. There are local competitions where we showcase to the Miami teams what we can do. Then we go to places like Dallas, Indiana, Vegas, Orlando, Atlanta, where we compete against the whole country. We finish our season with a national in Orlando, the higher teams go to a World’s competition.

**Metamorphosis:** Have you won any of the competitions?

**Arrebola:** I’ve won; I don’t exactly know how many National Awards or National first places. I don’t know, I don’t want to be like cocky about it but we usually win. [laughs]

**Metamorphosis:** I heard from someone you were looking for a sponsor. Why?

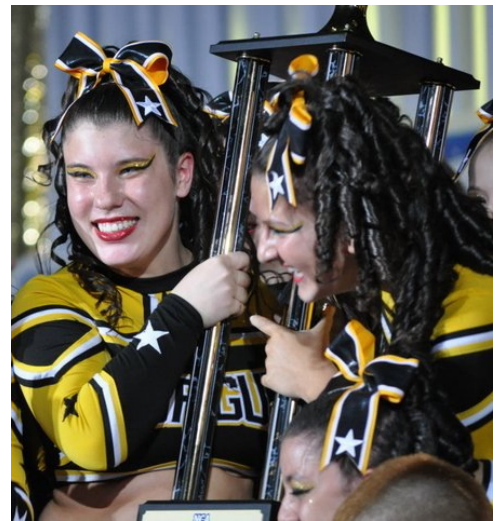
**Arrebola:** Yeah, I am. It’s really expensive to do cheerleading. It’s ridiculous; like \$200+ a month.

**Metamorphosis:** What are the Open Teams?

**Arrebola:** A different division in cheerleading. There are the little kids from ages 2 to 6, the youth groups which are from 6 to 12 and then there are the juniors, from 12 to 15. Seniors, until 18 years old. The Open Teams is basically like another team.

**Metamorphosis:** So, is this something you might still want to do in the future?

**Arrebola:** Yeah; when I graduate high school I want to join the Open Teams, which are from college to like age 30.



Ayla (left) holding the trophy won for the National Cheerleaders Association competition in Dallas, Texas in 2010.

*“Over the years, I’ve just progressed. I started with a cartwheel and now I’m on a Level 4 team which is the second highest.”*



## "The Mad Hatter Arts Festival"

By: Karina Sequera  
Staff Editor

In the spirit and eccentricity of Halloween, comes about The Mad Hatter Arts Festival. The event takes place from October 29 through October 30, and offers an array of colorful art presented throughout The Barnacle Park in Coconut Grove. Visitors get to enter "Through the Looking Glass" themed festival and enjoy all types of media, art and music from 10 am to 5 pm.

There are several components in the artistic portion of this art festival, such as the *Chalk It Up!* street painting and *Watch Art Happen*. Street painting, also known as chalk art or sidewalk art, is an old form of art that can be traced to 16<sup>th</sup> century Italy. The artists would travel and recreate their paintings onto pavement. *Watch Art Happen* allows guests to observe artists paint *en plein air*, a method of painting in which the artist makes a sketch of his or her subject from the use of his or her vision.

This festival provides several distinctive events for visitors to enjoy, such as its various hat and costume contests to its showing of the 60<sup>th</sup> anniversary Disney version of *Alice in Wonderland*, which comes at a fee of \$5 for anyone over the age of 6. The showing for this movie will start at 8 pm and there

will be no entry after 8:15 pm.

There will be a tea party sneak peak on Friday, October 28 from 6-9 pm in The Barnacle.

Those going should come dressed in a costume, or at least a crazy hat, and come with their own teacup.

Guests should be advised that for this division

of the festival there is a fee of \$20 for members of The Barnacle Society, \$25 person for non-members and \$30 for all those who do not RSVP after the initial deadline of October 21. All profits from this event will go to The Barnacle Historical State Park.



## A New Class at YWPA

The law studies class is a new class that was introduced to YWPA this 2011-2012 school year. It takes place during 5<sup>th</sup> period in the media center. The law studies course requires students to think with a legal mind. The girls reenact many cases and play the role of attorney, judge, jurors and even the criminals during mock trials. They learn their rights as American citizens and discuss the laws of our nation.

Metamorphosis: Mrs.Clavell, what is the law studies class about?

Mrs.Clavell: The law studies class is about teaching the girls their rights

as American citizens and having them take part in mock trials and make them think with a legal mind.

Metamorphosis: Any new interesting projects coming up?

Mrs.Clavell: We are going to do a mock trial that deals with a party hostess negligently providing alcohol, which then resulted in an accident and caused injuries to citizens.

Metamorphosis: What motivated you to teach a law studies class at YWPA?

Mrs. Clavell: I wanted to teach something that I was passionate about while at the same time introducing a new class at YWPA that had never been offered to the girls.

Metamorphosis: Any further comments about your law studies class?

Mrs.Clavell: I have the most amazing group of students any teacher could ever have.

Kimberly Padron (Senior), "It's the bomb.com!"

Anjenette Sarcos (Senior), "I LOVE it!"

Tyra Ley (Sophomore), "Its an amazing class that teaches me how criminals think and how our rights are determined and makes me see law differently."

By: April Suazo





### "She's Got Girl Power"



For some girls being crowned Homecoming Queen is their high school lifelong dream. Brianna Amat was not only crowned Homecoming Queen but she was also the unsung hero of her school's football game. Brianna Amat, an 18 year old senior at Pickney Community High School in Michigan, is known as the first female to play for her school's varsity football team. During the homecoming football game on Friday, September 30, she kicked a 31 yard game-winning field goal. During half-time she was summoned back to the football field, where she was crowned Homecoming queen. Instead of being crowned homecoming queen in a dress and heels, Brianna Amat received the crown wearing her No. 12 football uniform.

Being the only girl on a football team wasn't a

challenge for Amat: "They've been so accepting of me, it's as if I've always been their teammate!"

Amat's victories don't end on the field; With a 4.0 GPA, she plans on attending Western

By: Carolina Vazquez  
Co-Editor In Chief

Michigan University and major in business advertising. She is "a kindhearted person who contributes a lot to the school — and that's why she won homecoming queen... It's not just a popularity contest. She works with special needs students. She's a treasurer of student government. She volunteers for many different projects," accolades Jim Darga, principal of Pinckney Community High School.

Brianna Amat impresses people both on the field and in her community. She exudes every ounce of effort in everything she does. "For the longest time, I was the shyest kid ever, and now everybody knows my name," Amat said. "It's a totally different experience."

All quotes sourced by: *The New York Times*, *CBS Radio Inc*





By: April Suazo  
Staff Editor

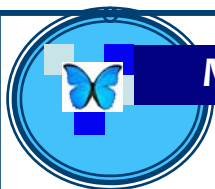
### How to: Frankenstein Nails

1. Start off with a clear base coat to protect your nails.
2. Then apply two coats of a lime green color. ( You could use "Green with Envy" by Sally Hansen)
3. After the coats dry go around the tip of your nail with black nail polish to draw the hairline. ( You may use "Black Heart" by Sally Hansen)
4. After that dries go around with a dotting tool( end of a bobby pin or toothpick) and dot on the whites of the eyes ("All the White Stuff" by Sally Hansen or any white paint works just fine)
5. After that is dry go around with the black thin brush or dotting tool and dot on the irises of the eyes. For the mouth, draw a diagonal line under the eyes and draw three lines across to create stitches.
6. To finish off,



### How to Dracula Nails:

1. Start off with a clear base coat to protect your nails.
  2. Then apply 2 coats of a light purple or gray color. (You could use "Wet Cement" or "Lilac" by Sally Hansen)
  3. Then with a black nail art brush draw a line in the center of the tip of your nail in order to draw in the v-like hairline.
  4. Then with a white nail art brush draw two circles for the eyes and fill them in. Draw two inverted triangles for the fangs and fill those in as well.
  5. When the eyes and fangs dry go around with a black nail art brush and draw a line on top of the fangs for the mouth. Place a dot on top of the white circles for the irises.
- Optional: When everything is dry grab red nail art brush and dot a bit of "blood" on the fangs.
6. Cover your nails with a clear top coat to seal your design. Allow nails to dry for 15 minutes.



By: Andreen Hodge  
Staff Editor

### The Choice is Yours ...

Genre: Hip-Hop

Song: No Sleep  
Artist: Wiz Khalifa

The “Black and Yellow” stars’ recent single has been making headlines. Not only is it hip-hop but draws extra fans through its rock ‘n’ roll vibe. The video features Wiz Khalifa in different scenes wearing black shades, in each scene he is rocking his head back and forth with a pompous swagger. Like most of Wiz’s songs, there is a chanting of the chorus and a slow dragging rap mode. Out of 10 stars this song deserves 8.



### An Old Trend Coming Alive

Every deep dark corner whispers a new word from every wannabe music junkie’s lips... dubstep. A genre that’s rooted deeply in London’s 1990s electronic scene; started with electronic music coming to rise and a few creative artists decided to add a bit more bass to their music and dubstep was born. So why is dubstep so popular? Why does everyone want to say they like it? Dubstep is characterized by a series of bass drops and rhythmic beats which can be invariably used in any genre such as hip-hop, rock, pop, etc. That being said, all dubstep seems to be is one of those very old things that someone brings back and every person in school decides that they’ve discovered it first. It’s just an old trend coming alive, but like any trend it will soon die.



#### Note from the Editor:

Anyone who is interested in having Andreen Hodge write a review on your favorite band or artist. Please contact her at [0070358@ywpa.net](mailto:0070358@ywpa.net).



By: Caroline Baxendale  
Staff Editor

# How to Decorate Your Room



Tired of the way your bedroom looks? Here are some simple steps that can help make your room look cool.

If your room is messy, then try cleaning it up a little. Start by putting dirty clothes in the hamper, and throw away any trash. Also, you should box any unwanted items to relieve clutter (give it away or sell it). Organization in any room is key. Try using containers and shelves to display and hold your stuff. While your doing this try putting on some music (it'll make cleaning

your room more of a fun thing to do and less of a chore).

The walls are very important when it comes to decorating your room. If you are allowed to, then paint or wallpaper your room with the colors that best suit your personal style. However, if you aren't allowed to either paint or wallpaper, hanging up different kinds of wall art (such as posters, pictures, or removable wall stickers) is a great compromise.

If you feel that your bedroom is bare, try adding a nice rug in the middle of the room. Create a lounge area where you can simply study or hang out with friends. You can do this by finding a nice spot in your room and placing small chairs (like beanbags) across from each other, lighting is also important, try and invest in a floor lamp. Redecorating tends to get pricey, so if you're on a budget opt to visit places like Goodwill or a local thrift store for trendy furniture (and if you find anything cool by the trash can go for it). Who knows, you might find something really cool for your room. If you aren't so tight with your budget you can go to places like IKEA, or Home Goods.



A plan is key. Create a rough layout or "blueprint" of the idea you have in mind for your bedroom. The worst thing when purchasing furniture is not knowing what you want to buy ahead of time. Drawing up a sketch will not only better organize your room, but it'll give you a lot more space.

Your room is yours so personalize it. Make your room a place that you'll enjoy living in, not dreading.





### Another Successful Health Fair at YWPA

By: Christina Elder  
Writer



Making sure we live a healthy lifestyle is important. What we eat and how much exercise we get is key to our physical and mental fitness. This year's Health Fair, was definitely a great success. A day filled with booming upbeat music, sweat-breaking defense classes and an expansion of

knowledge in the world of health. Zumba, which from the sound of it was one of everyone's favorite activity, was fun filled and absolutely thrilling. "We definitely enjoyed the instructor, she was a blast," says Karyssa Gonzalez and Michelle Villar, grade 10. The instructors were amazing and everyone enjoyed the musical choices. Some students even stayed behind to have an extra class. "Being able to exercise and get a great work out while dancing to great music was just fantastic," said Grace Elder, grade 8. Not only was the Zumba class an enjoyment but the

self-defense class was as well. They were a mix of a great work out and effective and useful lessons every girl should know. The informational classes were also extraordinary because it helped the students reflect on the real world and how to stay safe and healthy. The Health Fair is a great opportunity presented by the school to get out and stay healthy. Hopefully, everyone takes away something from that day and applies it to their everyday life.

### Why Fad Diets Don't Work

Fad Diets. We also know them as Hollywood diets. The diets you read about in the magazines that celebrities like Jennifer Aniston and Angelina Jolie follow to keep their slim figure. Diets like the detox diet, liquid diet, the low carb diet. The advertisement for these diets seem great considering all the weight these people lose, however when you dig a little deeper these diets can range from just simply unhealthy to dangerous.

Most of these fad diets claim that you will lose weight in days and most of the time you do. How do you keep it off? A nutritionist will tell you day to day that the only way to keep a healthy

weight is to change your eating lifestyle permanently. The reason you lose weight with these fad diets is because they restrict the amount of food you ingest. All of this weight loss is really just water weight, so when you go back to your normal lifestyle you will most likely gain back the weight and a few more pounds too.

Not only can you gain weight but you can also experience a nutritional deficiency. It means that all that cutting back on fats and carbs in these diets are depriving you of nutrients and energy, you need to perform your everyday tasks. Believe it or not some fats

are good for you, so don't be scared to eat some!

You can lose hair with these fad diets! These diets tend don't give you enough proteins necessary to keep your hair healthy. When that happens your hair becomes brittle and starts falling off!

So before you go hunting



through your magazine for the

By: Ana Cicenía  
Writer





### YWPA Celebrates Third Annual Bring On The Pink

By: Sarah Perez  
Writer



*A few freshmen posing with Ms. Syed, for the Bring On The Pink Event in YWPA.*

October 12, 2011, the hallways of Young Women's Preparatory Academy were full of students clad from head to toe in nearly every shade of pink. It looked as though they were characters from a coloring book, and pink was the only crayon left to use. Streamers and other decorations were placed in various locations around the school, giving it the feeling of warmth and happiness. The cause for this symphony of pinks: Breast Cancer Awareness. Being aware of Breast Cancer is one thing, but taking an initiative is what sets one apart from those who don't. By dressing in pink, the color chosen to represent Breast Cancer, we show our support for Breast

"It provided encouragement for those who are going through it. We let survivors know that they do have support."  
-Ashley Chavarria,  
grade 11

Cancer Survivors.  
"I felt it was really positive because my aunt died of Breast cancer."  
-Mariaelena Berges,  
grade 9

"I was excited to see my favorite color displayed all over the school."  
-Ashley Rios, grade 9

### NHS Creates Blog to Help Students

By: Michelle Rodriguez  
Writer

The National Honor Society club will be creating a blog through Google Sites to help students with any homework difficulties.

"The blog will be available to all students and the ones answering the questions will be the members of NHS," said Paola Martinez, club treasurer, grade 11.

Students will have access to it 24/7 and the club members will try their best to respond to their questions within a day.

So, if you have a question you should ask it the day you get your homework so that the next day you will have an answer and be able to complete the assignment.

When the blog is available, you will be able to access it through your school Gmail account. You will just have to sign in, click on the tab labeled



"Sites" and it will be there.

"We are still creating the blog and hopefully it will be up by mid-October to early November," said Andrea Romero, NHS member, grade 11.

For students with any homework doubts, or do not have the time to ask their teachers for assistance, the blog will surely be very helpful.



## October Horoscopes

### Aries (March 21- April 20)



**DAILY** You are the secret ingredient that makes everything work out perfectly, so don't be shy about stepping up when the time is right. Perhaps you need to try something a little different to make it all work out. **BEAUTY** It's easier to get dressed if your primping spaces don't overwhelm you. Start a giveaway bag -- add to it items you haven't worn in six months and wait two weeks. Then pick through the bag again. If you want to save anything, rescue it. Donate the rest.

### Taurus (April 21- May 21)



**DAILY** Something big is coming, but you can't tell what it is yet. Pay close attention to your dreams and you might get a big clue about the latest change coming down the pike. When it arrives, you'll be ready for it. **BEAUTY** A certain kind of outfit or style doesn't exactly feel right for you, yet you can't stop thinking about it. Maybe this look is more up your alley than you realize. Take a picture or tear it out of the magazine and save it for later. It'll come in handy soon.

### Gemini (May 22- Jun 21)



**DAILY** It's one of those days in which you have to just trust that people will do the right thing. Your friends, especially, are on your side, and they should bend over back-

ward to make life a whole lot easier. **BEAUTY** Pay attention to the long term -- think about the actual cost of an item versus what's on the price tag. If you're charging up your credit card, factor in the interest. Is it worth it? Considering how much you'll actually wear those duds, probably not!

### Cancer (June 22- July 22)



**DAILY** Now is a great time to get ahead of the pack. You have a burst of good energy that can give you a huge head start, as long as you're not afraid of nerding out a little. **BEAUTY** No matter how much you want to hold on to everything, you can't. Not only that, you shouldn't -- it's bad for your home and your psyche. Besides, how can you make room for anything new and great if your closets and drawers are crowded with sentimental junk?

### Leo (July 23- August 21)



**DAILY** Sometimes you're open-minded -- but other times you're just wishy-washy. This is one of those days, and you'd better get ready to blow off any big decisions you're facing. Things should be easier in a few days! **BEAUTY** Even the best of friends may not understand what you truly need, so skip their advice on beauty and style matters at the moment. Though it's well meant, it might end up annoying you more than helping your cause. Stick with your choices - keep forging your own path.

### Virgo (August 22- September 23)



**DAILY** You're all about your inner life right now -- maybe including your dreams. You feel pretty good and might pop out a few new ideas when you're feeling more energetic and ready to rule the world. **BEAUTY** When it comes to fashion, don't gamble on a long shot. Instead, stick with the tried and true for now. You'll have an opportunity to branch out over the coming months, but for the time being, keep your choices safe and appropriate. Consistency is the most important consideration.

### Libra (September 23- October 23)



**DAILY** Every now and then, your gut tries to tell you something is too good to be true -- and it's always right. Listen up, and you won't have to deal with the weirdness that comes with bailing out at the last minute. **BEAUTY** Feeling on top of the world? Then celebrate by going for a run and sharing your good news with a friend. Rejoicing with your credit card, unhealthy food and too much booze will only leave you broke and miserable the next day. Keep your jubilations healthy!



## Horoscopes (Continued)

### Scorpio (October 24- November 22)



**DAILY** Your people are just plain slow today, and no amount of harassment will speed them up. You either need to do things on your own or find an inner reserve of patience while they dawdle and waste time.

**BEAUTY** You're tough as nails, but your outfits don't have to be. After all, no one would dream of taking advantage of you -- then again, that aggressiveness can chafe. Getting close to someone who never displays any vulnerability is difficult. Go ahead and show your softer side.

### Sagittarius (November 23- December 22)



**DAILY** You're meeting new people at a prodigious rate, so get your smile on and try to remember their names. It's a great day to make good first impressions, so you may score a few new friends out of it!

**BEAUTY** Be honest about what you want to do. If you hardly use that gym membership, maybe it's time to think about investing in an

activity you enjoy or always wanted to learn. Horseback riding, dance lessons or ice skating, anyone?

### Capricorn (December 23- January 20)



**DAILY** Your cash situation needs to change now, and you almost certainly have to go through your parents to do it. Swallow your pride and see what you can negotiate -- you might be pleasantly surprised! **BEAUTY** A good night's rest is the best beauty treatment you can regularly give yourself -- and best of all, it's free. Make a point of setting up a soothing atmosphere when you rest so you can feel restored in the morning. And whatever you do, avoid late-night sugar and caffeine binges!

### Aquarius (January 21- February 19)



**DAILY** You have to try something different -- but you're good at that! Now is a great time to pull back and experiment with living on a smaller scale. After the past few weeks, it may come as something of a relief!

**BEAUTY** Just because a celebrity endorses

something doesn't mean it's right for you. Before you go out and buy that 'it' pair of jeans, try on garments in every price point. You may actually happen upon an item that fits better (and is cheaper) than the original retail victim.

### Pisces (February 20- March 20)



**DAILY** Life just clicks into place and your goals are coming to fruition. It's a great time to kick back and enjoy this good energy. Things are about to wind up in a very serious way.

**BEAUTY** Moving your body should be fun and invigorating -- not an obligation you have to suffer through. Maybe it's time to skip the treadmill and check out the dance studio next door. Better yet, plan a night to practice those new moves with your closest friends.

*Horoscopes brought to you by: Seventeen.com*

### Libra

(Sep 23—Oct 23)

Talk about it on Monday—a new romantic notion, a new flame, a new start for an ongoing relationship. Get fresh—it's time! Things could get sticky on Tuesday and Wednesday: Unless you're itching for some drama, play your love life on the down-low. Little things, anyhow, are satisfying—like friends and low-key fun. Then, on Thursday, Friday, and Saturday, making moves is favored, the more creative, the better. For best results, make a date for something completely different than the norm. On Sunday, plan to relax—you may end up spending a lot of time online or on the phone.

### Scorpio

(Oct 24—Nov 22)

Ease into romantic matters on Monday. You've got the whole week ahead of you, so there's no need to rush—and something important can become apparent. Keep listening to your inner voice from Tuesday through Thursday—it'll tell you what to do or say, and the precisely right moment to do or say it. Let your brainy side show now too (smart's very sexy!). You may see an opportunity to go over the top this weekend, but how will it go over with a certain someone? Consider something more sweetly low-key. On Sunday, a secret's in the stars.





## A Woman's World

By: Carolina Vazquez  
Co-Editor In Chief



### Meet Ellen Ochoa

On April 8, 1993, Ellen Ochoa became the first Hispanic woman to fly into space. She was born on May 10, 1958 in California and is half-Mexican. Ochoa attended both San Diego State University and Stanford University, she received a Bachelor of Science degree in physics and a Master of Science degree. Being a woman didn't abate Ochoa's dreams; she became a prominent engineer, inventor, physicist and astronaut. She has been praised for her hard work and determination, she was honored with various awards and medals. As firm advocate of education, Ochoa says, "Don't be afraid to reach for the stars. I believe a good education can take you anywhere on Earth and beyond." Two schools have been named after her in Washington and California.

She now serves as deputy director of NASA's Johnson Space Center. Besides her outstanding achievements in aviation, Ochoa also plays the flute, and enjoys volleyball and bicycling. She currently resides in Texas with her husband and two children.

## National Hispanic Heritage Month

By: Bridget Bodden  
Co-Editor In Chief

The United States celebrates National Hispanic Heritage Month from September 15 to October 15. As a country, the U.S recognizes the contributions that the Hispanic and Latino Americans have made. Initially, Hispanic Heritage was only observed a week long, until 1988 when President Ronald Reagan extended the "holiday" to cover a 30-day period.

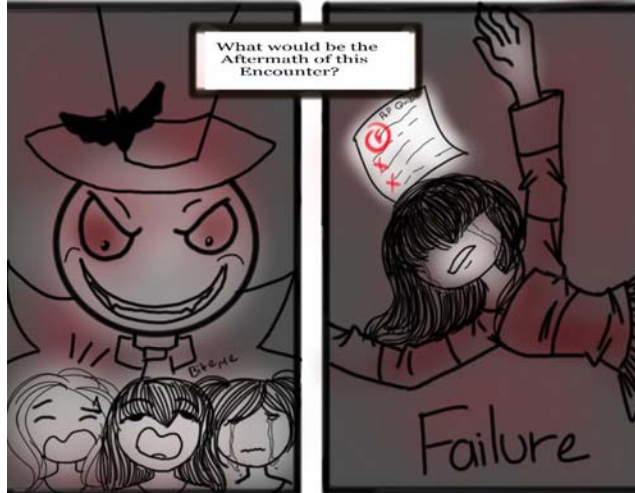
September 15 was chosen as the starting point for the celebration because of its significance as the anniversary of independence of five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. Additionally, Mexico and Chile celebrate their independence September 16 and 18.



The United States has slowly begun to pick up Hispanic culture. The diversity among all of the Latin American Countries have has certainly spiced the country.



Which Is Scarier a  
Vampire or a Pop Quiz  
You Didn't Study For?





Looking for a job? Are you trying to raise extra money for college? You've come to the right place!

**Metamorphosis Newspaper  
Photo Journalist**

Requirements: Grades 6-9, some experience in photography, flexible hours  
Send your application via YWPA Gmail to:

0167515@ywpa.net or 8651714@ywpa.net

Include: Name, grade, experience (if any) in photography, why you are interested in the position .

**Sports Authority  
10688 NW 12th ST**

<http://www.snagajob.com/job-seeker/jobs/job-details.aspx?postingId=5939964>

11521 NW 12th ST

<http://www.snagajob.com/job-seeker/jobs/job-details.aspx?postingId=5940029>

11910 SW 88th ST

<http://www.snagajob.com/job-seeker/jobs/job-details.aspx?postingId=5940046>

**Michaels Arts & Crafts  
8287 W Flagler Street**

<http://www.snagajob.com/job-seeker/jobs/job-details.aspx?postingId=4357223>

8354 S Dixie Hwy

<http://www.snagajob.com/job-seeker/jobs/job-details.aspx?postingId=4357245>

20609 Biscayne Blvd

<http://www.snagajob.com/job-seeker/jobs/job-details.aspx?postingId=4357273>

**Petco**

18579 S Dixie Hwy

<http://www.snagajob.com/job-seeker/jobs/job-details.aspx?postingId=6735573>

12014 SW 88th ST

<http://www.snagajob.com/job-seeker/jobs/job-details.aspx?postingId=6794964>

1635 NW 107th Ave

<http://www.snagajob.com/job-seeker/jobs/job-details.aspx?postingId=6735597>

**Boston Market**

12500 Biscayne Blvd

<http://www.snagajob.com/job-seeker/jobs/job-details.aspx?postingId=524232>

3600 SW 22nd ST

<http://www.snagajob.com/job-seeker/jobs/job-details.aspx?postingId=523859>

8070 NW 36th ST

<http://www.snagajob.com/job-seeker/jobs/job-details.aspx?postingId=523739>

**Urban Outfitters**

19575 Biscayne Blvd

5701 SW 72nd ST

653 Collins Ave

<http://www.job-applications.com/urban-outfitters-job-application/>

[https://urbanoutfittersinc.silkroad.com/epostings/index.cfm?fuseac-tion=app.welcome&category\\_id=105322&company\\_id=15602&version=1&startflag=2&parent=Urban%20Outfitters%20U%2ES%2E%20Stores%3B%3B%3BFLORIDA&levelid2=105322](https://urbanoutfittersinc.silkroad.com/epostings/index.cfm?fuseac-tion=app.welcome&category_id=105322&company_id=15602&version=1&startflag=2&parent=Urban%20Outfitters%20U%2ES%2E%20Stores%3B%3B%3BFLORIDA&levelid2=105322)





By: Bridget Bodden  
Co-Editor-In-Chief

### More Than A Fruit

Steven Jobs co-founder, chairman and CEO of Apple Inc., dies at 56. Jobs revolutionized the view of technology. He truly "...touched an ugly world of technology and made it beautiful."

He graduated from high school, and enrolled at Reed College in Portland, Oregon only to drop out after one semester. He began a brief job working for Atari, and then he was off to found Apple Computers in a garage, along with close friend Steve Wozniack. Jobs had a brilliant business mind and a keen sense for design despite not being the technical sort.

Jobs became known for balancing artistic design with new technology. His eye for what makes a great gadget would transform Apple from a start up in his parents garage to the highest valued company in the world.

The rocky sailing began when in the mid-80s Jobs was fired from the company he helped found. Jobs was devastated but he reflected that the opportunity to be a beginner again would lead him into one of the most creative periods of his life. During his time away from Apple, Jobs founded another computer company, NeXT. Meanwhile, Apple struggled without Jobs at the reigns and he was brought back as leader in 1997.

In 2004, Jobs was diagnosed with a rare form of pancreatic cancer and underwent a liver transplant in 2009. He resigned as leader of Apple saying that he was no longer able to meet his duties as CEO. He has left the world with the creation of his talent. An iconic figure for the tech world, Jobs will be missed.



*"A lot of times, people don't know what they want until you show it to them."*



### Picking Up Where Amazing Left Off

By: Latasha Gibson  
Writer

In 2007, Apple introduced the iPhone, which instantly became one of the most talked about consumer products ever. Thousands of costumers lined up to be the first to by the phone, which featured Wi-Fi capabilities, along with a crisp computer display on an innovative touch screen. In October 2011, Apple unveiled the iPhone 4s which is more powerful and faster and one of today's major products. The iPhone 4s has now also been unleashed at Verizon, AT&T and Sprint. The bigger question on everyone's mind is how much will the phone really cost? Well, depending on the amount of GB, the prices are estimated as follows:

16 GB - \$649

32 GB - \$749

64 GB - \$849

Its features include:

-8 mega pixel image sensor (the extra resolution will allow for larger blow-ups of the picture and crop more liberally)

-Wider 2.4 F-Stop opening lens (lets in more light to produce better quality photos in low light and indoor settings)



### *The Salt and Pepper Chronicles*

Hey guys! My name is Salt, and my best friend is Pepper. We're actually more like soul sisters. We're both 17 and met a couple years ago here at YWPA. I remember when we became friends; we had a few problems at first like most friends do. But best friends ALWAYS talk to work things out. Now, our friendship is stronger than ever!

Pepper and I are both extremely thankful for our one of a kind friendship. I'm so lucky to have someone like Pepper who understands me and makes me laugh when I'm feeling blue. It's such a rewarding feeling to know you have someone there for you no matter what! "Salt is my best friend because she's the first person I can really open up and relate to. We also like most of the same things. Having a best friend is the best gift any girl can have. I'm so lucky to have a best friend like Salt because I know that no matter what I go through, she'll always be there for me." – Pepper.

Pepper and I share tons of memories and experiences. Each month we'll feature one of our stories on *the Metamorphosis*. We want YOU to tell us about the adventures you've shared with your best friend. Reminisce about a road trip, shopping spree, or party you attended with your "other half". Next time you spend time with your best friend don't forget to record those special moments and cherish them for a lifetime. As Dave Brenner said, "Friends are the most important part of your life. Treasure the tears, treasure the laughter, but most importantly, treasure the memories."

Submit your stories by going on Salt & Pepper's blog- <https://sites.google.com/a/ywpa.net/metamorphosis/salt-peppers-blog>



- ♥ "Friendship is a single soul dwelling in two bodies." – Aristotle
- ♥ "Friendship... is not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything." – Muhammad Ali
- ♥ "Lots of people want to ride with you in the limo, but what you want is someone who will take the bus with you when the limo breaks down." – Oprah Winfrey
- ♥ "Many people will walk in and out of your life, but only true friends will leave footprints in your heart." - Eleanor Roosevelt
- ♥ "My best friend is the one who brings out the best in me." - Henry Ford



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#### EDITORIAL POLICY

*The Metamorphosis: Your World through Press Access* is the student newspaper of Young Women's Preparatory Academy (YWPA). The opinions expressed are solely that of the students and do not reflect those of the administration, faculty, staff, or School Board of Miami-Dade County Public Schools. *The Metamorphosis* welcomes reader submissions on all topics, however, we can NOT print anonymous letters. Please keep all letters under 150 words and submit them via email to [ypaillere@dadeschools.net](mailto:ypaillere@dadeschools.net).